

Hello Halloumi Wraps

Description

Easy breezy fast lunch. This, or a version of this, is my goto 'i have little time, but do not want to eat a sandwich' lunch. Halloumi, it is not for everybody, but it is for me. And wraps..., wraps is my religion, wraps is my sandwich. This is a wheat wrap, but go wild in other gluten free versions, chickpee wraps, spinach wraps, beetroot etc.



Ingredients

- Small wraps
- Halloumi
- Avocado
- Red pepper
- Hummus
- Rocket salad
- Radices (optional)

body () food

• Shiracha (optional)

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Directions

- Slice the halloumi and put a skillet on the stove. Fry the halloumi until light golden brown (or little longer if you like them crispier)
- Clean the pan and warm the wraps on it.
- Slice the red pepper and avocado
- Take a wrap, first put some humus on it, add 2 or 3 halloumi slices, red pepper, avocado, rocket salad.
- And repeat!









body () food





